

SUGGESTED TIMES OF ADMINISTRATION

NOC SHIFT

insulin	6:00	"lins"-NPH, no more than (nmt) 60" before meal
	6:30	"lins"-REG, 70/30, 50/50, Lente (all), nmt 30" before meals
	6:45	"logs"-Lispro (Humalog), Aspart (Novolog), nmt 15" b/4 meals
Glucotrol only	6:30	Glucotrol (glipizide) should be offered AC
biphosphonates	6:30	risedronate (Actonel) and alendronate (Fosamax), Boniva * give with water and remain upright until breakfast
progastric agents	6:30	metoclopramide (Reglan)
proton pump inhibitors	6:30	Nexium, Prevacid, Prilosec (not Aciphex or Protonix)
provides gastric coating	6:30	sulcrafate (Carafate)
platelet inhibitor	6:30	cilostazol (Pletal)
AC antibiotics	6:30	ciprofloxacin (Cipro), levofloxacin (Levaquin), ampicillin (Omnipen), penicillin, tetracycline (Achromycin)
l-thyroxine *	6:30 or 9:00	l * not required, dose can be adjusted if given w/food
nifedipine *	6:30 or 9:00	l check with resident as to what time they have been taking
captopril *	6:30 or 9:00	l this medication prior to admission, may be given at 9:00am

DAY SHIFT

oral hypoglycemics	7:30	pioglitazone (Actos), rosiglitazone (Avandia), acetohexamide (Dymelor), acarbose (Precose), miglitol (Glyset), chlopropamide (Diabinese), glimepiride (Amaryl), glyburide (Micronase, Diabeta), glyburide micronized (Glynase), selegiline (Eldepryl) (may cause insomnia if given at 5:pm or later)
- from before, with, or soon thereafter a meal		
Parkinson's	9:00+noon	
Glucophage	9:00	metformin (Glucophage), glyburide+metformin (Glucovance)

PM SHIFT

Coumadin	5pm or HS	for logistic reasons, not therapeutic reasons
"statins"	5pm or HS	or give w/largest meal of the day (could be breakfast or lunch) Cholestin, Cresto, Lescol, Lipitor, Mevacor, Pravachol, Zocor - though there is no consistency from each manufacturer
H-2 antagonists	HS	Axid, Pepcid, Tagamet, Zantac
Aricept	AM or HS	PM due to daytime confusion, or AM due to GI upset

OTHERS

Insulin-peakless anytime Lantus (glargine) or Levimer (detemir), sometimes dosed "BID"

"with meals" or "PC" – anytime after the resident has begun to eat up to 2 hours after.

Potassium, NSAIDs

PhosLo, Renagel, Renvela, Fosrenol

nitrofurantoin (Macrobid, Macrochantin), cefuroxime (Ceftin),

and clauvulanic acid/amoxicillin (Augmentin)